



RELEASE PRESS

Chicago Heights Park District
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January

Fitness Membership Special: Start of the NEW YEAR with a NEW YOU! Join the Chicago Heights Park District Recreation & Fitness Center **TODAY!** A family membership is only \$199 per year and \$130 for singles. For more information, please call (708) 755-1351 ext. 10 or 18. You can also visit our website at www.chparkdistrict.net.

CHPD Biggest Loser Weight Contest: It's time to get into shape and get some cash! Are you ready? If so sign up today! Registration deadline is **Monday, January 11th by 7pm.** You can weigh in at the time of registration. Registration fee is \$20. Contest starts **Monday, January 11th** and ends on **Monday, February 29th**. The final weigh in and cash prize will be given on February 29th at 7 pm in the CHPD Dance Room. All participants must be a member of the Chicago Heights Recreation Center or current participant in a fitness class. For more information, please call (708) 755-1351 ext. 10 or 18. Good Luck! You can also visit our website at www.chparkdistrict.net.

CHPD Fit Classes: It's a new year and you can have great fun at the Chicago Heights Rec Center in some of our wonderful fit classes. Sign up today for one or all of the following classes: *Swim, Zumba, Tae Kwon Doe, Yoga, Jujitsu, and Line Dancing.* For more information, please call (708) 755-1351 ext. 10 or 18. You can also visit our website at www.chparkdistrict.net.

Baseball Registration: It's that time again! Registration for our Summer Baseball will begin soon. For more information, please contact our Athletic Director Mike DeButch at (708) 755-1315 ext. 11.

Employment: The Chicago Heights Recreation Center is looking for certified instructors for the following positions: Swim, Dance (ALL TYPES), Aerobics, Yoga, Pilates and Coaches. All applicants must be 18 and over

and submit a resume along with proper updated certification. Please submit your resume along with certification to the Chicago Heights Park District, 1400 Chicago Road, Chicago Heights Attention Wanda Rodgers, Program Director. For more information, please call (708) 755-1351 ext. 11.

2016 Summer Camp EASY PAY Registration: Summer will be here before you know it! Now is the time to get your child registered for our 2016 “Fun In The Sun (F.I.T.S.) Summer Camp with our new EASY PAY Registration. \$10 discount when registered before April 29, 2016. For more information please call (708) 755-1351 ext. 18 or 10. You can also visit our website at www.chparkdistrict.net.

Community Food Give -Away: Every 4th Friday of the month the Chicago Heights Park District along with the Greater Chicago Food Depository Fresh Produce Mobile and the Chicago Miracle Temple Church will provide Fresh Produce for all residents of Chicago Heights. Start time is 9 am, but please note this event is FREE and based on first come/first served. For more information, please call (708) 755-1351 or visit our website at www.chparkdistrict.net.